

Saving Water

Purpose of Activity: To inform residents about different ways to conserve water

Materials Needed:

- Tips provided
- Fabric backing (butcher paper if needed)
- Decorations

Content:

1. Laundry
 - a. Wash only full loads of laundry
 - b. Wash clothes only when they're actually dirty
 - c. Reuse towels multiple times before washing
2. Kitchen
 - a. Cook food in as little water as possible. This also helps retain nutrients
 - b. Keep a pitcher of cold water in the fridge instead of running water until it cools down.
 - i. In AZ, sometimes it never cools
 - c. If you drop an ice cube, don't throw it in the sink, put it in a houseplant
 - d. Designate one glass for your drinking water for the day. This will cut down on the amount you have to wash
 - e. Wash fruit and vegetables over a bowl and use that water to water plants
 - f. When you move off campus, only run your dishwasher when it is full
3. Shower
 - a. Cut your shower time
 - i. Try to make it through in three songs
 - b. Turn off the water while you shampoo, condition, and lather up
 - c. Avoid baths, which can use much more water than a short shower
4. Bathroom
 - a. When washing your hands, turn off the water while you lather
 - b. Turn off the water when shaving or brushing your teeth
 - c. Don't use the toilet as a garbage can—you're wasting a flush
 - i. That's up to 5 gallons of wasted water
 - d. When adjusting water temperatures, turn down the water flow instead of turning it up. If it is too hot, don't crank up the cold water, turn down the hot
5. Miscellaneous
 - a. Buy linen instead of cotton
 - b. Eat less meat
 - c. If you see a leak or constant drip, report it to maintenance
 - d. Avoid recreational water toys that involve a constant flow of water